

Health & Safety

The Swiss Polar Institute (SPI) provides the Swiss polar science community with tools to improve their health and safety preparedness for fieldwork.

The SPI offers **practice-oriented training courses** related to **health and safety issues**. Researchers preparing a field trip to a polar or remote high-altitude region are encouraged to participate. The courses are given in an alpine environment, generally last two days and are free of charge.

Additional support measures include access to Helicopter Underwater Escape Training (HUET) courses, customised field pharmacies, telemedicine services, and advice related to medical screening.

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